



Rabbi Eitan Weiner-Kaplow embraces the pillars of community, creativity, and caring to enhance the practice of Judaism and to share and celebrate our traditions from generation to generation—"L'dor vador." He was ordained at the Reconstructionist Rabbinical College and holds degrees in social work from the University of Wisconsin-Madison and Middle Eastern archaeology from Rutgers. He was recently awarded a Doctor of Divinity.



Director of Lifelong Learning Rabbi Scott "Seeg" Segal is an experienced teacher, curriculum designer, administrator, youth director, and Jewish summer camp instructor. He completed his Rabbinic studies at

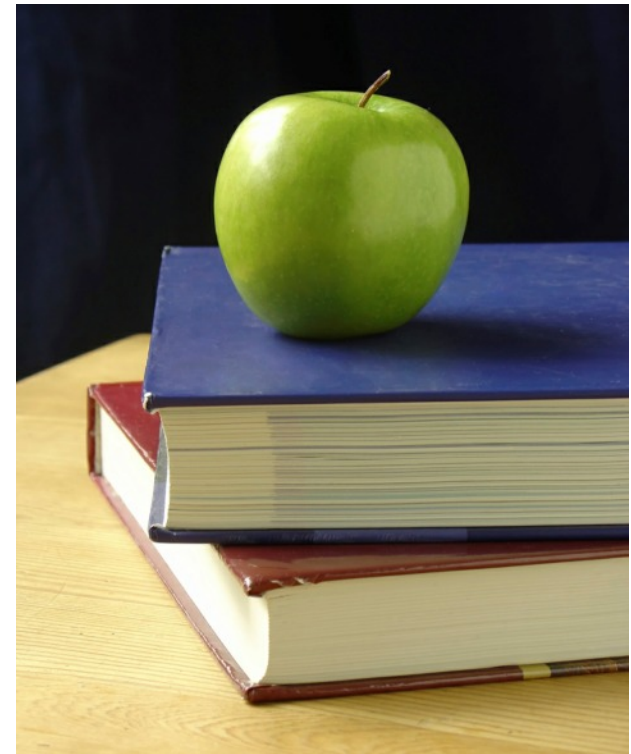
Hebrew Union College-Jewish Institute of Religion, receiving his Master of Arts in Hebrew Letters in June 2009, and his Rabbinic Ordination in June 2010. He also holds a Master of Arts in Jewish Law and Ethics from HUC-JIR. He earned a Bachelor of Arts in History from Indiana University.

Shir Hadash Adult Education

Shir Hadash offers a full slate of learning opportunities for the adult community. Are you:

- Thinking about furthering your Jewish knowledge?
- Thinking about preparing for adult bar or bat mitzvah?
- Not Jewish but interested in learning more about Judaism?
- Thinking about converting to Judaism?

We offer a number of classes to meet your interests. Classes meet at a variety of times and days of the week to meet the needs of your schedule.



200 W. Dundee Road
 Wheeling, IL 60090-4750
 Phone: (847) 498-8218
 Fax: (847) 947-2936
 E-mail: office@shir-hadash.org
www.shir-hadash.org



Sundays During Religious School

Torah Study/Modern Jewish Philosophy

Sundays from 9:30 to 10:30 a.m.; Instructor Fred Andes. Each Sunday, we'll look at the upcoming week's Torah portion and try to figure out what it meant to Jews back then and what it should mean to us now. Then, we'll take a look at modern Jewish philosophy—including Cohen, Baeck, Buber, Kaplan, and Spinoza.

Adult Hebrew Reading

Sundays from 10:30 to 11:15 a.m.; Instructor Steve Lewin. Have you ever wondered what the words you read in prayers or Torah Parshot really mean? After re-enforcing the alef-bet and building a basic vocabulary, we will progress to learning prayers. We will also learn to chant the Torah blessings.

Modern Hebrew

Sundays from 11:30 a.m. to 12:30 p.m.; Instructor: Limor Wasserman. Hebrew is not limited to the Torah scroll or the prayer book. It is an energetic, modern language that is spoken not just in Israel but also all over the world. This introduction to Modern Hebrew will include basic words and phrases that are integral to Hebrew conversation.

Reconstructionism: American Judaism for 20th and 21st Century

Sundays from 11:30 a.m. to 12:30 p.m.; Instructor: Rabbi Eitan. Does Judaism adapt to the world or does Judaism change the world? This eight-week survey course focuses on the fascinating story of the Reconstructionist Movement in America and its promise for the future. Begins September 18.

Monday Evenings

Special Topics: Refuat Ha'Nefesh U'Refuat Ha'Guf (Healing of Soul and Body)

Judaism recognizes the importance of not just our spiritual health, but also our physical well-being. This series will explore various avenues to cultivating healthy minds, bodies, spirits, and souls.

- Oct. 10: Preparing our Souls for Yom Kippur (with Rabbi Eitan)
- Nov. 14: Are We What We Eat? Conscious Eating as a Jewish Value (with Melanie Andes)
- Dec. 12: Mussar as a Mindfulness Practice (with Lynn Liebling)
- Jan. 9: Muscle Judaism: The Jewish Values of Physical Fitness (with Rabbi Seeg and others)
- Feb. 6: Intro to Jewish Meditation (with Rick Zinbarg)
- Mar. 6: Massage and/or Reiki
- Apr. 3: Poetic Prayer: An Expression of the Soul
- May 8: Siyyum—Maintaining Healthy Physical and Spiritual Lives

Special Topics: Ethics

One of the beauties of Jewish tradition is that it remains vital, vibrant, and relevant when applied to contemporary ethical issues. One of the challenges of Jewish tradition is that it rarely, if ever, speaks with one voice. This series will look at Judaism's understanding of complex and challenging ethics issues.

- Oct. 24: The Ethics of Speech and Language
- Nov. 28: The Ethics of Eating/Food
- Dec. 19: The Ethics of Business and Commerce
- Jan. 23: The Ethics of Abortion

- Feb. 20: The Ethics of Euthanasia
- Mar. 20: The Ethics of Capital Punishment
- Apr. 24: The Ethics of Revenge
- May 22: Siyyum—Creating an Individual Ethic



Thursday Afternoons

Lunch & Learn with the Rabbis

Class meets on Thursdays from 12 to 1 p.m., Alternating between Rabbi Eitan and Rabbi Seeg. Join Shir Hadash members and friends for a refreshing and contemporary exploration of our Jewish biblical and wisdom literature. Don't be surprised if archaeology, sociology, world affairs as well as law, medicine, and business ethics enter the lively conversation.

- Sept./Oct. 2016: Kohelet (Ecclesiasties)
- Nov./Dec. 2016: Book of Maccabees
- Jan./Feb. 2017: Pirkei Avot (Verses/Ethics of the Fathers)
- Mar./Apr. 2017: Shir Ha'Shirim (Song of Songs)
- May/June 2017: Ruth